



INDIGENOUS SPORT COUNCIL (ALBERTA)  
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JUNE 2010

VOLUME 2 ISSUE 3

Points of Interest

2009 Tom Longboat Award

Grand Chief Charles Weaselhead Keynote Address

Torree Dion, Frog Lake Track Club

Staff Training and Development

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## From The Desk of the Executive Director

The Indigenous Sport Council (Alberta) held a successful **Capacity Building Through Recreation and Sports Conference** in Red Deer, Alberta April 30—May 1, 2010.

The 70 participants attended workshops that included: *Sports and the Law, Traditional Games, Measuring Capacity Building, Shared Visions Builds Harmony, Active, Creative, Engaged Communities and How the Mind Works*. Session outlines as well as a workbook on Proposal Writing is available from our Calgary Office.

Staff are busy delivering the Run, Jump, Through Program as well as the Aboriginal Coaching Manual. If you are interested in either of these programs contact Bruce Littlechild 780-585-3343.

As well staff are busy working with host communities in preparing for various Provincial Championships during the coming months. For further information on dates and locations go to our website [www.aboriginalsports.org](http://www.aboriginalsports.org)

Reminder that our Annual General Meeting will take place on Saturday July 10, 2010 at the Tea-house Canada Olympic Park.

Ted Hodgson, Executive Director

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## 2009 Tom Longboat Award Winners

The Indigenous Sport Council (Alberta) extends congratulations to **Mr. Ammon Crowfoot**, Siksika First Nation on receiving the 2009 Tom Longboat National Male Award. Ammon was recognized for his outstanding performance as a basketball player and cross-country runner. In 2008 Ammon was a member of Team Alberta participating in basketball at the North American Indigenous Games held in Cowichan, British Columbia.

Congratulations are all extended to Ms Jessie Lilly, Edson, Triathlon recipient 2009 Tom Longboat Regional Female Recipient.

The Tom Longboat Award is given to male and female athletes not only based on personal commitment and excellence in sport but also for being positive role models in their community.

As well the recipient is expected to demonstrate the

ability to maintain a balanced physical, mental/ emotional, cultural and spiritual outlook.

Further information on the Tom Longboat Award and the application process can be found on the Aboriginal Sport Circle website <http://aboriginalsportcircle.ca>



# Indigenous Sport Council (Alberta) Mandate and Board of Directors

## Mandate

To encourage and promote the physical, spiritual, and cultural health, and fitness of Indigenous Youth within the Province of Alberta;

To encourage, foster and develop emotional, mental, spiritual and physical well – being in Indigenous Youth in Alberta;

To encourage development of self-esteem, pride, dignity, confidence and self – discipline in Indigenous Youth;

To increase awareness and un-

derstanding of Indigenous peoples, their cultures and communities;

To encourage and promote Indigenous Youth to pursue higher levels of education;

To identify and promote indigenous community development through the implementation of leisure and recreation programming.

## Board of Directors

**Chair:** Ron Buffalo - Treaty Six

**Vice Chair North:** Layne

Gauchier, Métis Settlements of Alberta

**Vice Chair Central:** Holly Johnson—Rattlesnake, Treaty Six

**Vice Chair South:** Jason Plain Eagle, Alberta Friendship Centres

**Secretary:** TJ Roy, Métis Nation of Alberta

**Treasurer:** Emilea Karhioo, Alberta Friendship Centres

## Treaty Seven Representatives

Joseph 'Skipper' Potts  
Charlton Weasel Head

## Métis Settlements of Alberta

Cory Cardinal  
Hector Lamouche

## Treaty Eight

**2 Positions Vacant**

# Indigenous Sport Council (Alberta) Recognizes Outstanding Athlete Contributions through Education and Sport

At the **Capacity Building Through Recreation and Sports Conference Banquet** the following athletes were recognized for their participation and excellence through sport and education.

## *Destiny Whitney, Golf*

Raised on the Tsuu T'ina Reserve, Destiny has participated in various sports throughout her life. Her love is the sport of Golf, and has been working in the business of golf for numerous years. Now residing in south Florida U.S.A. No easy journey to get to this level, she is prepared and has now joined the Ladies Professional Golf Organization (L.P.G.A.)

*.Tess Spreen, Athletics*

Tess is a proud Métis woman, participating in various sports. She excelled in Athletics, competed for the North American Indigenous Games in Winnipeg, Denver and Cowichan. Bringing home to Alberta the five (5) titles – Gold medals in; 100 metre, high jump, long jump, triple jump and 4 x 100 relay. Currently a teacher in Vegreville, Alberta.

## *Jason Louis, Baseball*

Jason is a member of the Samson Cree Nation, he grew up playing hockey and baseball. With a focus on baseball Jason competed in Edmonton AAA baseball leagues. His post-secondary education began in Desert (COD) in Palm Desert Cal. USA; he

was named 1<sup>st</sup> All foothill conference and 1<sup>st</sup> All southern California teams. After completing his Associate of Arts degree he started 1<sup>st</sup> baseman and part-time outfielder in the CCAA. He was also named co-male athlete of the year in Cal-State Univ. Stanislaus.

## *Justin Louis-, Baseball*

Justin has been involved in sports since he was old enough to participate, played baseball and hockey. After High school, he pursued a post secondary career while playing baseball at College of the Desert (COD), he then transferred to CSU San Bernardino, then transferred to continue playing baseball for the CSU Stanislaus 2006 collegiate baseball. Justin has a Bachelor of Science in Busi-

ness Administration currently resides in Costa Mesa.

## *Charlton Weaselhead*

### *Basketball*

Charlton is Blackfoot from the Blood Reserve, his love of basketball encouraged him to participate in the sport. He played for the Lethbridge Kodiaks and Brandon University Bobcats; has won all-conference (ACAC); all Canadian and two (2) time silver medallist at the CIS Nationals. Now a teacher in his community of Kainai, coaches the 3A zone girls basketball.

Congratulations and best wishes for the future.

# Building Community Capacity -ISCA Conference Opening Keynote - Grand Chief Charles Weaselhead Treaty Seven

## *Empowering our Indigenous Youth*

In building community capacity we must foster positive youth development. Through participation in school programs, Indigenous Sport Council Programs and the North American Indigenous Games we have seen how sports teaches positive values & life skills

Our Indigenous youth learn & develop through play. Sports also will assist in keeping active & healthy lifestyles. Keeping active also helps in reducing health risk behaviours

We must ensure that sport is built on Fairness, Fun, Excellence and Inclusion.

## *Recognizing Sport as a Valuable Community Asset*

We must “champion” fairness and ethical conduct. There is a need to create safe and positive communication and promote inclusion.

Through sport we can foster strong and active lifestyles within our communities. It is also important that we recognize our community volunteers and celebrate the contributions they make.

Sport helps to strengthen collaborations and connections to the community.

## *Giving Your Personal Best*

We must enable our people to develop the confidence and skills to be involved in athletics. Youth through participation in sport need to:

Join In - commit

Show it - Be a leader

Live it - Lead by Example

Grow it - Encourage others

In our communities we have many athletes who have excelled and now are seen as role models such as Destiny Whitney, Golf. Tsuu T’ina Nation, Charlton Weaselhead, Basketball, Blood Tribe and Wacey Rabbit, hockey Blood Tribe.

## *Sport and Education*

Sport is a good tool in re-engaging children/youth in school and to assist in realizing their potential. Through sports our children/youth build confidence, self-esteem and helps them form positive relationships with school staff and peers.

Sports is closely linked with improved school attendance. Most youth that are involved in organized sports through school are less likely to become involved in high-risk activities.

In conclusion, Building Community Capacity can be achieved through

**Participation** - Supporting people to take part in community sports and athletics.

**Empowerment** - Increasing ability and capacity.

**Inclusion** - Collaborations with members, partners and leadership.

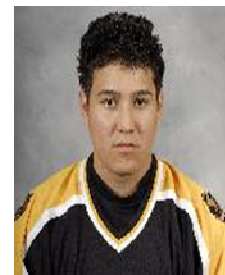
**Self determination** - Supporting people to make their own choices and encouraging them by providing opportunities.



*Destiny Whitney, Tsuu T’ina Nation  
Member Ladies Professional Golf*



*Charlton Weaselhead, Blood Tribe  
All Canadian Brandon University*



*Wacey Rabbit, Blood Tribe  
Milwaukee Admirals  
American Hockey League*

## Booking a Run, Jump, Throw Program in your Community

*.Have you begun planning your summer activities in your community? If not, now is the time to book a Run, Jump, Throw Program.*

This FUNdamentals program teaches the skills of running, jumping and throwing and the technical skill progressions for track and field events. It is designed for boys and girls ages 6-12.

Run, Jump, Throw skills form the basis of all land based sport and as such, RJT provides a strong foundation for success in all sports and physical activities, which allows participants to develop a positive self image and be the

best they can be.

The Run , Jump, Throw Program can be either a one day or two day event, with facilitators provided by the Indigenous Sport Council (Alberta).

For further information or to request a session in your community call either our Hobbema or Calgary Office:

780-585-3343 (Hobbema)

403-202-6539 (Calgary)

## Torree Dion—Frog Lake First Nation Track Club



Torree Dion is a member of the Frog Lake First Nation Track and Field Club. At the age of 5 years and eight months Torree is the youngest First Nations athlete to ever compete in an Indoor Provincial Track Meet.

At a recent Track Meet in Kamloops, British Columbia, Torree received a Gold Medal in weight throw, silver medal in the relay and a bronze medal in the 60 meter sprint.

Frog Lake has one of the most successful Track and Field Clubs in North American and in July 2010 will be completing the construction of an athletics complex that will be unequalled in Canada.

Congratulations to Torree and all her team mates and coaches in making this track and field club so successful



**Reminder -Annual General Meeting  
Saturday July 10, 2010  
Teahouse Canada Olympic Park  
Calgary, Alberta  
9:00 AM - 4:00 PM**

## 2011 NORTH AMERICAN INDIGENOUS GAMES

Team Alberta has participated in the North American Indigenous Games since their inception in 1990. Over the years there has been a challenge with team selection and non-payment of registration fees. The non-payment of registration fees has resulted in a significant build up of debt over these years.

### Registration/ Membership Fees

That all participants in play downs and Games selection will be assessed a membership fee (to ISCA) of \$50.00.

That all play down registration fees must be paid 30 days prior to the commencement of play down or team trial.

That all athletes will pay an initial fee of \$225.00 (\$175.00 registration fee plus the \$50.00 membership fee) to participate in the Provincial Play downs. Athletes who do not qualify will receive a refund of their total registration fee, with the exclusion of the membership fee. For those who qualify for Team Alberta, the balance of \$125.00 must be paid within one month after the completion of the Provincial Play downs for their particular sport.

### Play Downs/ Selection Camps

That all sport play downs be recognized as a Provincial Championship

All team sports will require a minimum of four (4) teams from four (4) communities in the particular age groups to be considered for inclusion in the 2011 NAIG.

That all individual sports participants must participate in a recog-

nized play down or training camp selection process.

That all play down be completed by August 31<sup>st</sup>, 2010.

### 2008 NAIG Outstanding Registration Fee

**At the June 2009 Annual General Meeting the membership passed a motion** "That participants/ communities who have outstanding 2008 NAIG registration fees will be ineligible for participation in Provincial Play downs selecting the 2011 NAIG participants."

### Coaching Certification

That all coaches must have completed Level 2 – Technical, Practical and Theory in the sport in which they will be coaching.

For further information contact

Bruce Littlechild, Chef de Mission

Phone: 780-585-3343

E-mail [bruce@aboriginalsports.org](mailto:bruce@aboriginalsports.org) or [neeneekawasis@live.ca](mailto:neeneekawasis@live.ca)

Or

Trudy Yellowfly, Assistant Chef De Mission

Phone: 403-202-6539

E-mail [trudy@aboriginalsports.org](mailto:trudy@aboriginalsports.org)

## Community Staff Training and Development

The Indigenous Sport Council (Alberta) with its partners Alberta Recreation Facility Personnel Association and Alberta Recreation and Parks Association have held preliminary discussions with respect to developing further training opportunities for community staff.

However, we need your input as to what training and development is required.

Is it training in the area of facility operations, management and administration?

Is it in the area of recreation leadership development?

Is it in the area of program development and delivery.

Please forward your thoughts/ ideas/ opinions to [waynepage@shaw.ca](mailto:waynepage@shaw.ca)