



**INDIGENOUS SPORT COUNCIL (ALBERTA)
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WEBSITE: WWW.ABORIGINALSPORTS.ORG

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Chairman's Message—Mr. Ron Buffalo, Treaty Six

Points of Interest

- New website launched www.aboriginalsports.org
- Indigenous Sport Council (Alberta) satellite Calgary Office is now open at Canada Olympic Park
- 2011 North American Indigenous Games will be held in Milwaukee, Wisconsin July 8—18

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As Chairman of the Indigenous Sport Council (Alberta) it is my pleasure to introduce the first newsletter for our organization.

Over the years of its existence, the biggest challenge for the Council is communication with its membership—First Nation communities, Métis Settlements, Alberta Friendship Centres and the Métis Nation of Alberta.

Through our newsletter and new website www.aboriginalsports.org we hope to ensure we communicate with you and you have the opportunity to communicate with us.

We want to hear how we can serve you better and how we can work together for the coaches and children in our communities.

At this time I wish to introduce you to our Executive Committee and Board of Director

Chair: Ron Buffalo—Treaty Six

Vice Chair North: Layne Gauchier, Métis Settlements of Alberta

Vice Chair Central: Holly Johnson—Rattlesnake, Treaty Six

Vice Chair South: Jason Plain Eagle, Alberta Friendship Centres

Secretary: TJ Roy, Métis Nation of Alberta

Treasurer: Emilea Karhioo, Alberta Friendship Centres

Treaty Seven Representatives

Joseph 'Skipper' Potts

Charlton Weasel Head

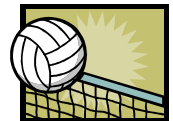
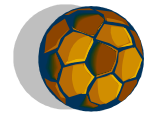
Métis Settlements of Alberta

Cory Cardinal

Hector Lamouche

Treaty Eight

2 Positions Vacant



Calgary Office Now Open

On September 1, 2009, the Indigenous Sport Council (Alberta) officially opened its satellite Calgary Office at Canada Olympic Park.

The office is located in the facility called the Ice House. This office location, in addition to the head office in Hobbema, Alberta will allow us to reach

out to more communities.

Our staff in Calgary include:

- Ted Hodgson, Executive Director
- Colleen Buffalo, Office Manager
- Trudy Yellow Fly, Sport Coordinator

Currently Bruce Littlechild, Sport Manager has responsibility for our Hobbema Office.

Thank You... The ISC(A) wishes to thank the following organizations and individuals for their assistance over the past year—financial, support. Partnership development.

- **Calling All Coaches Meeting** Participants for their contribution at our meetings September 19 and 26, 2009
- **Alberta Tourism, Parks and Recreation** for their ongoing support
 - Glen Cowper, Manager, Strategic Development
 - Eoghan Curran, Sport Consultant
 - Scott Grevlund, Program Coordinator
- Shona Schleppe, Sport Consultant, Coaching Development
- **Alberta Recreation, Parks and Wildlife Foundation**
 - Bill Persley, Chair
 - Vern Hafso, Chair Bi-lateral Advisory Committee
- **2008 North American Indigenous Games Mission Staff** for their tireless effort in supporting Team Alberta in Cowichan, British Columbia
- **Rural Alberta Development** for their financial assistance
 - Bob Clark, Chair
 - Valerie Golka, Project Consultant
- **Alberta Association of Recreation Facility Personnel**
 - Larry Golby, Executive Director
- **Alberta Recreation and Parks Association** for their partnership in hosting the first Aboriginal Recreation Leaders Summit
 - Rick Curtis, Executive Director
 - Brenda Herchmer, Director, Ace Communities
- **Winsport Canada**
 - Bill France, Vice President Sport

Run, Jump, Throw Program

Let us put our minds together and see what kind of life we may make for our children.

- Sitting Bull -

This FUNdamentals program teaches the skills of running, jumping and throwing and the technical skill progressions for track and field events. It is designed for boys and girls ages 6-12, has progressions for older athletes, and can be adapted for special needs.

Run, Jump, Throw skills form the basis of all land based sport

and as such, RJT provides a strong foundation for success in all sports and physical activities, which allows participants to develop a positive self image and be the best they can be.

The Run , Jump, Throw Program is designed for kids ages 6—11 and can be either a one day or two day event, with facilitators provided by the Indige-

nous Sport Council (Alberta).

For further information or to request a session in your community call either our Hobbema or Calgary Office:

780-585-3343 (Hobbema)

403-202-6539 (Calgary)

Aboriginal Coaching Program

The Program is divided into three modules to assist coaches working with athletes in understanding some of the issues influencing these individuals and their communities.

1. A Holistic Approach to Coaching
2. Dealing with Racism in Sport

3. Lifestyle, Health and Nutrition

The modules focus on the following areas

- Understanding the role of sport in Indigenous communities
- Understanding and influencing the community in which you coach

- Coaching, the whole person, coaching beyond the physical to include the mental (intellectual/emotional) spiritual and cultural.
- Responding to racism in sport
- Establishing a code of behaviour for your team that respects differences and addresses racism

Indigenous Sport Council Mandate

The Indigenous Sport Council (Alberta) ISC (A) represents indigenous athletes within the Province of Alberta and supports the integration of individuals into the community and provincial recreation and sport systems.

An analogy was made that youth are and should continue to be the **“HEART”** of the organization.

Mandate

To encourage and promote the

physical, spiritual, and cultural health, and fitness of Indigenous Youth within the Province of Alberta;

To encourage, foster and develop emotional, mental, spiritual and physical well – being in Indigenous Youth in Alberta;

To encourage development of self-esteem, pride, dignity, confidence and self – discipline in Indigenous Youth;

To increase awareness and understanding of Indigenous peo-

ples, their cultures and communities;

To encourage and promote Indigenous Youth to pursue higher levels of education;

To identify and promote indigenous community development through the implementation of leisure and recreation programming.



Calling All Coaches Meeting

Two “Calling All Coaches” Meetings were held during the month of September, 2009—September 19th, Edmonton and September 26th, Calgary.

The purpose of these meetings were:

- To discuss recommendations from the 2008 North American Indigenous Games
- To share and discuss changes for 2011 North American Indigenous Games
- To discuss coaching expectations for Games
- To share and discuss training needs in the communities

2008 NAIG Recommendations

- Beginning with the 2011 NAIG all mission staff, with the exception of the Chef de Mission and Assistant Chef de Mission, will be selected through a formal application process;
- All coaches must have completed the Aboriginal Coaching Program and attained a complete Level 2 Technical in the sport they will be coaching;
- Team selection will be through playoff/ trial system with no registration forms being accepted by the ISCA unless complete and signed by the coach;
- A Program Committee will be established comprised of Board members and Members at Large;
- Team colours to be selected for both Opening Ceremonies and competition to be worn by all athletes. There will be no “home” team uniforms;
- A formal transportation policy will be developed to ensure Team Alberta travels to the Games and returns home from the Games as a Team.

“When you see a new trail, or a footprint you do not know. Follow it to the point of knowing”

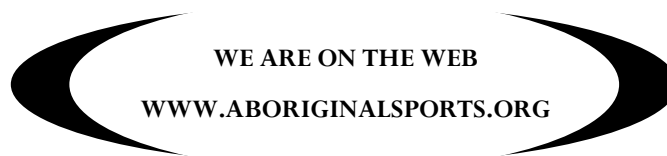
- Uncheedah-Grandmother of Ohiyesa

HOBBEWA, ALBERTA
T O C I N O

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2011 NAIG UPDATE

- Chef de Mission - Bruce Littlechild
- Assistant Chef de Mission - Trudy Yellow Fly
- There is no Master category for the 2011 NAIG. Age group will be from Bantam to Junior. **There is no Senior or Masters categories.**
- Sports will be determined in November upon conclusion of the NAIG Council Meetings
- As stated previously all coaches will need to have completed the Aboriginal Coaching Program and attained complete Level 2 Theory, Technical and Practical in the sport they will be coaching
- Formal hosting criteria will be developed and circulated to communities in 2010

- Mission Staff Application forms will be developed and circulated early in 2010. Mission staff will be selected prior to September 2010.
- Teams, athletes, coaches who have not paid their 2008 NAIG registration fees will be subject to exclusion from participating in the play-offs leading to the 2011 NAIG and the 2011NAIG.

Indigenous Sport Council (Alberta) Program Committee

The Program Committee is seeking Members at Large to assist with this committee.

MANDATE

The Programs Committee is an operational committee of ISCA which exists to provide overall guidance and direction for the various functions related to program development for participants at the provincial, national and international levels. In accordance with the ISCA governance model, the Program Committee is mandated to:

- Provide advice to the Executive Director and the Sport Development Manager;

- Direct the technical aspects of ISCA operations in the area of coaching and officials training and certification; and
- Develop operational plans and policies to govern the operation of the Program Committee and to carry out its work.

DUTIES AND RESPONSIBILITIES

The specific responsibilities of the Program Committee include:

- Establishing the strategic (i.e. Long-term) direction for Al-

berta's participation in provincial, national and international events, to provide on-going and sustainable competitive opportunities

- Developing through the annual Program Committee Operational Plan the detailed objectives and tasks required to implement the strategic direction each season, to include plans, schedules, manuals, technical packages, training sessions and information bulletins;

- Conducting an annual program evaluation to confirm that objectives are being met and are achieving the desired results;

- Maintaining, through the ISCA website, a data base of certified coaches and officials;
- Establish Task Force Committees as required;
- Setting registration fees for event trials;
- Fundraising/partnership development;
- Developing selection criteria for coaches, mission staff, team managers etc.

For further information call

403—202—6539